ADAM W. ROUSSEL, DC, MOT, DIANM

Destrehan, Louisiana | (985) 307-0977 | www.DrAdamRoussel.com

Board Certified Expert in Orthopedics and Neuromusculoskeletal Medicine

PROFESSIONAL SUMMARY

Chiropractic physician and clinic owner with postgraduate residency training in orthopedics and neuromusculoskeletal medicine. Clinical work includes examination and conservative management of musculoskeletal injuries, including motor-vehicle-collision and whiplash-associated presentations. Experience includes injury-related clinical documentation, functional assessment, rehabilitation, and evaluation of spinal and extremity conditions. Currently completing fellowship training in diagnostic musculoskeletal ultrasound.

BOARD CERTIFICATION & PROFESSIONAL CREDENTIALS

Louisiana Chiropractic License #1641 — Active

- Diplomate, International Academy of Neuromusculoskeletal Medicine (DIANM)
- Board Certified Expert in Orthopedics and Neuromusculoskeletal Medicine
- Doctor of Chiropractic (DC)
- Master of Occupational Therapy (MOT)

POSTGRADUATE EDUCATION & SPECIALIZED TRAINING

- Residency in Orthopedics and Neuromusculoskeletal Medicine — University of Bridgeport, 2025
- Fellowship training in Diagnostic Musculoskeletal Ultrasound — in progress
- Advanced Certification in Whiplash and Brain Injury Traumatology — Spine Research Institute of San Diego (SRISD)

EDUCATION

- Doctor of Chiropractic, cum laude — Life University, 2011
- Master of Occupational Therapy — Louisiana State University Health Sciences Center, New Orleans, 2008
- Bachelor of Science in Kinesiology — Louisiana State University, Baton Rouge, 2005

PERSONAL INJURY & MEDICOLEGAL CLINICAL FOCUS

- Clinical evaluation of motor-vehicle-collision injuries and whiplash-associated disorders
- Orthopedic and neuromusculoskeletal examinations of the spine and extremities
- Clinical records describing history, examination findings, functional limitations, treatment, and progress
- Review and clinical correlation of relevant imaging and diagnostic findings
- Conservative treatment planning, rehabilitation, and follow-up assessment

- Diagnostic musculoskeletal ultrasound — fellowship training in progress; do not interpret as completed certification

PROFESSIONAL EXPERIENCE

Owner and Chiropractic Physician — Riverbend Family Chiropractic & Rehabilitation | Destrehan, Louisiana

Provide orthopedic and neuromusculoskeletal assessments, conservative care, rehabilitation, and clinical documentation for patients with spinal, extremity, and injury-related complaints.

SELECTED CLINICAL SKILLS

Orthopedic examination • Neuromusculoskeletal assessment • Rehabilitation • Functional assessment • Injury documentation • Spinal and extremity evaluation • Diagnostic ultrasound training

PROFESSIONAL MEMBERSHIPS

International Academy of Neuromusculoskeletal Medicine (IANM)
American Chiropractic Rehabilitation Board (ACRB)